

Therapeutic Consultation under the ID Waiver

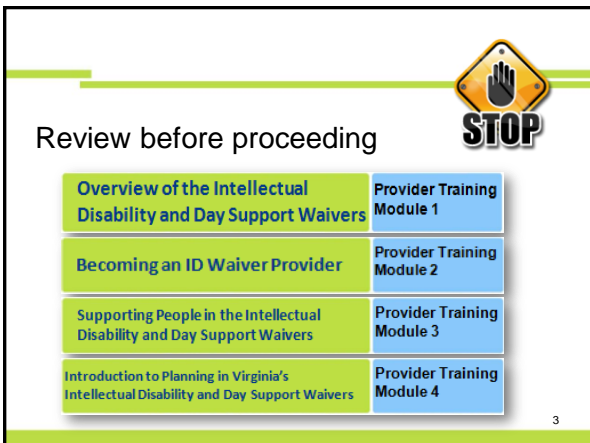
Provider Training Module 13

Division of Developmental Services
Department of Behavioral Health and Developmental Services
2013


ID Waiver Provider Modules

- 1 = Overview of the ID and DS Waivers
- 2 = Becoming an ID Waiver Provider
- 3 = Supporting People in the ID and DS Waivers
- 4 = Introduction to Planning
- 5 = Residential Services
- 6 = PA, Respite and Companion (Agency-Directed)
- 7 = Employment and other Day Services
- 8 = Crisis Stabilization – ID Waiver
- 9 = Assistive Technology, Environmental Modifications and Transition Services
- 10 = Skilled Nursing
- 11 = Personal Emergency Response System
- 12 = Consumer Directed Services and Services Facilitation
- 13 = Therapeutic Consultation**
- 14 = Preauthorization and Billing
- 15 = Monitoring and Oversight

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Review before proceeding



| | |
|--|----------------------------|
| Overview of the Intellectual Disability and Day Support Waivers | Provider Training Module 1 |
| Becoming an ID Waiver Provider | Provider Training Module 2 |
| Supporting People in the Intellectual Disability and Day Support Waivers | Provider Training Module 3 |
| Introduction to Planning in Virginia's Intellectual Disability and Day Support Waivers | Provider Training Module 4 |

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Common Acronyms

- ID = Intellectual Disability
- DDS = Division of Developmental Services
- CSB = Community Services Board
- SC = Support Coordinator
- IDOLS = Intellectual Disability Online System
- TC = Therapeutic Consultation

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Therapeutic Consultation

This module covers. . .

- Service Description
- Provider Qualifications
- Allowable Support Activities
- Additional Requirements
- Units and Limitations

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Service Description



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Service Description

expertise, training, and technical assistance in the home or community, to assist family members, caregivers, and other service providers in supporting the individual and to facilitate the individual's desired outcomes as identified in the ISP.

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Service Description

The specialty areas are:

1. Psychology;
2. Behavioral consultation;
3. Therapeutic recreation;
4. Speech and language pathology;
5. Occupational therapy;
6. Physical therapy; and
7. Rehabilitation engineering.

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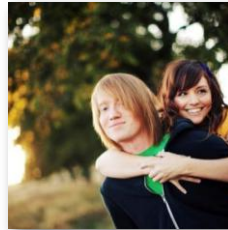
TC: Service Description

Only behavioral consultation may be provided in the absence of other ID Waiver services when it is determined to be necessary to prevent institutionalization.



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Therapeutic Consultation



Support Activities

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TC: Support Activities

- Interviewing to identify issues and outcomes
- Observing the individual
- Assessing need for devices or modifications
- Developing data mechanisms and collecting baseline data
- Observing and assessing current interventions

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TC: Support Activities

- Designing a written support plan
- Demonstrating specialized, therapeutic interventions
- Training family/caregivers and other relevant persons
- Reviewing documentation and evaluating efficacy

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Therapeutic Consultation



Provider Qualifications

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TC: Qualifications

Psychology

Can provide if:

- Licensed Psychiatrist
- Licensed Psychologist
- Licensed Professional Counselor (LPC)
- Licensed Clinical Social Worker (LCSW)
- Psychiatric Clinical Nurse Specialist

ID Community Services Manual, Chapter II

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TC: Qualifications

Behavioral

Can provide if:

- Meets TC Psychology criteria
- Endorsed PBS Facilitator
- Board-certified Behavior Analyst (BCBA)
- Board-certified Associate Behavior Analyst (BCABA)

ID Community Services Manual, Chapter II

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TC: Qualifications

Speech

Can provide if:

- Licensed speech-language pathologist

ID Community Services Manual, Chapter II

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TC: Qualifications

Physical

Can provide if:

- Licensed physical therapist

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TC: Qualifications

Therapeutic Recreation

Can provide if:

- Therapeutic Recreational Specialist certified by the National Council for Therapeutic Recreation

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TC: Qualifications

Rehabilitation

Can provide if:

- Certified rehabilitation engineer
- Certified rehabilitation specialist

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TC: Qualifications

Has a DMAS Participation agreement to provide TC obtained through Provider Enrollment Services

<https://www.virginiamedicaid.dmas.virginia.gov/wps/portal>

ID Community Services Manual, Chapter II

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TC: Qualifications

Within 15 days of employment, complete a criminal history record check for

- barrier crimes
- and*
- VDSS CPS Central Registry (when supporting children under 18 years of age)

12VAC30-120-1040
July 2013 ID Waiver Regulations
General Requirements for Participating Providers

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TC: Qualifications



Intellectual Disability Online System (IDOLS)

All Providers must be enrolled in IDOLS through the DELTA Portal prior to providing services under the ID and DS Waivers.

IDOLS DMAS Memo 11-23-11

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Therapeutic Consultation



Additional Requirements

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TC: Additional Requirements

The documentation requirements are:

1. Plan for supports

that includes

- Identifying information and Medicaid number,
- Responsible person and provider number,
- Effective dates of plan and review dates,

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TC: Additional Requirements

The documentation requirements are:

1. Plan for supports (cont.)

that includes

- Support and consultation activities based on an identified outcome,
- Time frames and expected results/products,
- Signed by TC provider, individual and guardian/AR

Forwarded to SC initially and as changes occur

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TC: Additional Requirements

2. A written consultation support plan



- Detailing the support instructions used by providers and family/caregivers to better support the individual

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TC: Additional Requirements

Annually and when changes occur...

the Plan for Supports must be reviewed with the individual/family, the support coordinator and others as appropriate.



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TC: Additional Requirements

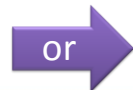
3. Ongoing documentation

such as

Contact-by-contact notes,

- The date, location, and time;
- The type of activities and hours of service;
- The persons to whom activities were directed

or



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TC: Additional Requirements

or...

monthly notes that include

- Summary of consultation
- Support activities addressed
- Details of activities
- Any modifications
- Effectiveness
- Satisfaction with services



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TC: Additional Requirements

4. Person-Centered Reviews

that include

- Plan revisions,
- Activities related to documentation,
- Individual status,
- Satisfaction,
- Outcomes and their effectiveness.

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TC: Additional Requirements

The PC Review due date is...

- Determined by the start date of the waiver ISP
- Communicated by the CSB support coordinator
- Due every 90 days with a 10-day grace period

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TC: Additional Requirements

5. Final Summary

- Sent to the CSB SC
- Due within 30 days of end of service

Includes:

- Activities/strategies utilized;
- Unresolved issues; and
- Consultant recommendations.

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TC: Additional Requirements

If services are less than three months, forward the Final Disposition instead of a person-centered review.

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Therapeutic Consultation

Units & Limitations



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TC: Units & Limitations



- unit of service = 1 hour
- Services must be explicitly detailed in the Plan for Supports

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TC: Service Description

- May not include direct therapy
- May not duplicate the activities of other services
- May not be billed as monitoring
- May not include travel time, telephone and written work



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TC: Units & Limitations

- Services are preauthorized every ISP year



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Continue to modules...

Service Authorization and
Reimbursement

Provider Training
Module 14

Monitoring and Oversight

Provider Training
Module 15

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Contacts:

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Department of Behavioral Health and Developmental Services
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